



# Heats Alkuerät

[illegible]

## Helsinki

**From Saturday 6 August to Sunday 14 August 2005**

# MEN MIEHET

**START LIST**  
**OSANOTTAJALUETTELO**



**First 4 of each heat (Q) plus 7 fastest times (q) qualified**

1 | 2

**Heat 1**  
**Erä 1**

2

**11 August 2005 18:30**

| START | BIB | COMPETITOR               | NAT | YEAR | Personal Best   | 2005 Best |
|-------|-----|--------------------------|-----|------|-----------------|-----------|
| 1     | 571 | Isaac Kiprono SONGOK     | KEN | 84   | <b>12:52.29</b> | 12:52.29  |
| 2     | 217 | Zersenay TADESSE         | ERI | 82   | <b>13:05.57</b> | 13:12.23  |
| 3     | 979 | Ian DOBSON               | USA | 82   | <b>13:15.33</b> | 13:15.33  |
| 4     | 647 | Alejandro SUÁREZ         | MEX | 80   | <b>13:18.13</b> | 13:36.48  |
| 5     | 989 | Ryan HALL                | USA | 82   | <b>13:16.03</b> | 13:16.03  |
| 6     | 263 | Tariku BEKELE            | ETH | 87   | <b>12:59.03</b> | 12:59.03  |
| 7     | 943 | Sergiy LEBID             | UKR | 75   | <b>13:10.78</b> | 13:12.35  |
| 8     | 931 | Wilson Kipkemei BUSIENEI | UGA | 81   | <b>13:12.03</b> | 13:43.24  |
| 9     | 264 | Dejene BIRHANU           | ETH | 80   | <b>12:54.15</b> | 12:56.24  |
| 10    | 558 | John KIBOWEN             | KEN | 69   | <b>12:54.07</b> | 13:07.74  |
| 11    | 932 | Boniface KIPROP          | UGA | 85   | <b>12:58.43</b> | 12:58.43  |
| 12    | 229 | Alberto GARCÍA           | ESP | 71   | <b>13:02.54</b> | 13:10.73  |
| 13    | 618 | Hicham BELLANI           | MAR | 79   | <b>12:59.67</b> | 12:59.67  |
| 14    | 712 | Eduardo BUENAVISTA       | PHI | 78   | <b>13:58.43</b> |           |
| 15    | 134 | Reid COOLSAET            | CAN | 79   | <b>13:23.30</b> | 13:23.30  |
| 16    | 231 | Roberto GARCÍA           | ESP | 75   | <b>13:16.13</b> | 13:25.68  |
| 17    | 713 | Mohammed MOSTAFA         | PLE | 80   | <b>15:34.93</b> |           |
| 18    | 765 | James Kwalia C'KURUI     | QAT | 84   | <b>12:54.58</b> |           |
| 19    | 411 | Michael SANCHEZ          | GIB | 85   | <b>15:10.00</b> | 15:10.00  |

*Issued Wednesday, 10 August 2005 at 10:38*

## Timing and Measurement by SEIKO

## Data processing by EPSON

**Official IAAF Partners / IAAF:n viralliset yhteistyöyritykset**



# 5000 Metres - MEN

## START LIST

2

2

Heat 2  
Era 2

2

11 August 2005 18:55

| START | BIB | COMPETITOR           | NAT | YEAR | Personal Best | 2005 Best |
|-------|-----|----------------------|-----|------|---------------|-----------|
| 1     | 565 | Benjamin LIMO        | KEN | 74   | 12:54.99      | 12:58.66  |
| 2     | 630 | Abderrahim GOUMRI    | MAR | 76   | 12:59.04      | 13:07.34  |
| 3     | 662 | Thiha AUNG           | MYA | 81   | 14:46.0       | 15:01.0   |
| 4     | 216 | Samson KIFLEMARIAM   | ERI | 84   | 13:21.43      |           |
| 5     | 933 | Moses KIPSIRO        | UGA | 86   | 13:13.81      | 13:13.81  |
| 6     | 225 | Jesús ESPAÑA         | ESP | 78   | 13:15.44      | 13:15.44  |
| 7     | 968 | Tim BROE             | USA | 77   | 13:11.77      | 13:11.77  |
| 8     | 274 | Sileshi SIHINE       | ETH | 83   | 12:47.04      |           |
| 9     | 560 | Eliud KIPCHOGE       | KEN | 84   | 12:46.53      | 12:52.76  |
| 10    | 635 | Francis KHANJE       | MAW | 83   | 14:56.14      | 14:56.14  |
| 11    | 767 | Essa Ismail RASHED   | QAT | 86   | 13:17.10      | 13:17.10  |
| 12    | 616 | Mohammed AMYN        | MAR | 76   | 13:01.98      | 13:30.50  |
| 13    | 32  | Craig MOTTRAM        | AUS | 80   | 12:55.76      | 12:56.13  |
| 14    | 59  | Mohammed MOURHIT     | BEL | 70   | 12:49.71      | 13:11.74  |
| 15    | 691 | Marius BAKKEN        | NOR | 78   | 13:06.39      | 13:07.63  |
| 16    | 587 | Moukheld AL-OUTAIBI  | KSA | 80   | 12:58.58      | 12:58.58  |
| 17    | 905 | Fabiano Joseph NAASI | TAN | 85   | 13:15.90      | 13:57.90  |
| 18    | 15  | Ali SAÏDI-SIEF       | ALG | 78   | 12:50.86      | 13:29.94  |
| 19    | 40  | Günther WEIDLINGER   | AUT | 78   | 13:13.44      | 13:13.44  |

| MARK | COMPETITOR               | NAT | AGE | Record Date | Record Venue      |
|------|--------------------------|-----|-----|-------------|-------------------|
| WR   | 12:37.35 Kenenisa BEKELE | ETH | 21  | 31 May 2004 | Hengelo           |
| CR   | 12:52.79 Eliud KIPCHOGE  | KEN | 18  | 31 Aug 2003 | Paris Saint-Denis |
| WL   | 12:40.18 Kenenisa BEKELE | ETH | 23  | 1 Jul 2005  | Paris Saint-Denis |

### WORLD ALL-TIME / MAAILMAN KAIKKIEN AIKOJEN

| MARK     | COMPETITOR          | COUNTRY | DATE      |
|----------|---------------------|---------|-----------|
| 12:37.35 | Kenenisa BEKELE     | ETH     | 31 May 04 |
| 12:39.36 | Haile GEBRSELASSIE  | ETH     | 13 Jun 98 |
| 12:39.74 | Daniel KOMEN        | KEN     | 22 Aug 97 |
| 12:46.53 | Eliud KIPCHOGE      | KEN     | 2 Jul 04  |
| 12:47.04 | Sileshi SIHINE      | ETH     | 2 Jul 04  |
| 12:48.81 | Saif Saaeed SHAHEEN | KEN     | 12 Jun 03 |
| 12:49.28 | Brahim LAHLAFI      | MAR     | 25 Aug 00 |
| 12:49.71 | Mohammed MOURHIT    | BEL     | 25 Aug 00 |
| 12:49.87 | Paul TERGAT         | KEN     | 13 Aug 97 |
| 12:50.24 | Hicham EL GUERROUJ  | MAR     | 12 Jun 03 |

### WORLD TOP 2005 / MAAILMAN 2005

| MARK     | COMPETITOR               | COUNTRY | DATE   |
|----------|--------------------------|---------|--------|
| 12:40.18 | Kenenisa BEKELE          | ETH     | 1 Jul  |
| 12:52.29 | Isaac Kiprono SONGOK     | KEN     | 8 Jul  |
| 12:52.76 | Eliud KIPCHOGE           | KEN     | 8 Jul  |
| 12:52.80 | Gebre-egziabher GEBREMAR | ETH     | 8 Jul  |
| 12:53.66 | Augustine Kiprono CHOGE  | KEN     | 8 Jul  |
| 12:55.58 | Abebe Dinkesa NEGERA     | ETH     | 1 Jul  |
| 12:56.13 | Craig MOTTRAM            | AUS     | 22 Jul |
| 12:56.24 | Dejene BIRHANU           | ETH     | 8 Jul  |
| 12:58.43 | Boniface KIPROP          | UGA     | 8 Jul  |
| 12:58.58 | Moukheld AL-OUTAIBI      | KSA     | 23 Jul |

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